The Best exercise for body & mind

QI-GONG

STARTING: 21ST DEC. 2016

WEDNESDAYS @ 9:30 AM - COCONUT GROVE, DOMINICALITO



By Orpheus (Fei Yang - Shen Fu,

MAESTRO DE QIGONG

Orpheus has been exploring the secrets of Tai Chi and Qi Gong in the last 20 years. He is a gold medallist of Tai Chi Yang China 2008, and a student of some great world Grandmasters. Carries and delivers the ancient wisdom of Wu Ji Qi Gong, Directly from Grandmaster Duan.

He shares his knowledge in a clear and insightful way.

• Bring: Comfortable cloths Water, \$15 or \$50 for 4 times

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